



**Creagh
College**

Coláiste na Craobhai Guaire

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Learning for life

6th January 2022

FAO: Parents/Guardians of Transition Year students

Dear Parent/Guardian,

In the Transition Year Wellbeing Programme, the young person will deal with a wide range of issues, one of which is relationships and sexuality education (RSE). There have been a few changes made to the topics that will be covered in this module, the following of which will be commencing in the coming weeks.

Year 4 - TRUST Pack, RSE Programme & B4UDecide RSE Pack

- What We Value in Relationships
- Healthy Relationships
- Self Esteem
- Understanding our Boundaries
- Communicating Boundaries
- Consent
- Human Reproduction & Fertility
- Contraceptive Methods
- Teenage Pregnancy
- Sexual Orientation

Although RSE is a compulsory section of the Wellbeing Programme, as parents/guardians, you can choose not to let your child attend the RSE Classes. Please let us know in writing if you do not want your child to attend.

Yours sincerely,

SPHE Department
Cliona Cunnane/Jude D'Arcy