



**Creagh
College**

Coláiste na Craobhai Guaire

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Learnin

First Year Parents

4th April 2022

Dear Parent/Guardian,

In the SPHE Programme, the young person will deal with a wide range of issues, one of which is relationships and sexuality education (RSE). On our return to school after the midterm break, our First Year Students will be receiving RSE as part of their Wellbeing Program.

The Topics covered in the RSE Curriculum are:

YEAR 1 My Wellbeing Journey 1

Being an Adolescent – Changes at Adolescence Lesson 10

The reproduction systems Lesson 25

Sexual Intercourse and Conception Lesson 26

Gender Stereotypes and Discrimination Lesson 27

Sexuality, Sexual Identity and Sexual Orientation Lesson 28

Although RSE is a compulsory section of the SPHE Course, as parents/guardians, you can choose not to let your son daughter attend the RSE Classes. Please let us know in writing if you do not want your son/daughter to attend.

Yours sincerely,

SPHE Department
Jude D'Arcy/Yvonne Foxton