



**Creagh  
College**

Coláiste na Craobhaí Guaire

Creagh, Gorey, Co. Wexford,  
Y2 4V 6Y9, Ireland.  
Tel: 053 948 4035, Fax: 053 948 0544.  
Email: creaghcollege@wwetb.ie

[www.creaghcollege.com](http://www.creaghcollege.com)

**Principal:** Mr Paul Glynn

Deputy Principal: Mr Declan O'Toole

Deputy Principal: Ms Janet Wallace

Deputy Principal: Ms Linda Furlong

Roll No: 76127D



Learning for life

22<sup>nd</sup> September 2022

## Second Year Parents

Dear Parent/Guardian,

In the SPHE Programme, the young person will deal with a wide range of issues, one of which is Relationships and Sexuality Education (RSE). We wish to inform you that this section of the SPHE Programme will be commencing in the coming weeks.

The topics covered in the RSE Curriculum are

### **YEAR 2 My Wellbeing Journey 2**

The Changing Nature of Friendship Lesson 23

Peer Pressure and Other Influences Lesson 24

Managing Relationships Lesson 25

Health and Personal Safety Lesson 26

From Conception to Birth Lesson 27

Sexuality, Sexual Identity and Sexual Orientation Lesson 28

Although RSE is a compulsory section of the SPHE Course, as parents/guardians, you can choose not to let your son/ daughter attend the RSE Classes. Please let us know in writing if you do not want your son/daughter to attend.

Yours sincerely,

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Wellbeing Coordinator  
Jude D'Arcy