



**Creagh
College**
Coláiste na Craobhaí Guaire

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Learning for life

First Year Parents

27th January 2023

Dear Parent/Guardian,

In the SPHE Programme, the young person will deal with a wide range of issues, one of which is relationships and sexuality education (RSE). In the coming weeks our First Year Students will be receiving RSE as part of their Wellbeing Program.

The Topics covered in the RSE Curriculum are:

YEAR 1 My Wellbeing Journey 1

Being an Adolescent – Changes at Adolescence Lesson 10
The reproduction systems Lesson Lesson 25
Sexual Intercourse and Conception Lesson 26
Gender Stereotypes and Discrimination Lesson 27
Sexuality, Sexual Identity and Sexual Orientation Lesson 28

Although RSE is a compulsory section of the SPHE Course, as parents/guardians, you can choose not to let your son daughter attend the RSE Classes. Please let us know in writing if you do not want your son/daughter to attend.

Yours sincerely,

Wellbeing Coordinator
Jude D'Arcy